Aireborough Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	1 - 2 pm swimming	M																																																								
Tuesday	1 - 2 pm gym	T																																																								
Wednesday	1 - 2 pm swimming	W																																																								
Thursday	1 - 2 pm gym	TH																																																								
Friday	1 - 2 pm swimming	F																																																								
Saturday	1 - 2 pm gym	S																																																								
Sunday	11.30 am - 12.30 pm swimming	S																																																								

Armley Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	12.30 - 1.30 pm swimming 2 - 3 pm gym	M																																																								
Tuesday	12.30 - 1.30 pm swimming 2 - 3 pm gym	T																																																								
Wednesday	12 - 1 pm swimming 2 - 3 pm gym	W																																																								
Thursday	1 - 2 pm swimming 2 - 3 pm gym	TH																																																								
Friday	12 - 1 pm swimming 2 - 3 pm gym	F																																																								
Saturday	1 - 2 pm gym 2 - 3 pm swimming	S																																																								
Sunday	12 - 1 pm swimming 1 - 2 pm gym	S																																																								

Chippendale Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	7 - 8 pm swimming	M																																																								
Tuesday	12.45 - 1.30pm swimming	T																																																								
Wednesday	8.15 - 9 pm swimming	W																																																								
Thursday	7 - 8 pm swimming	TH																																																								
Friday	12.30 - 1.15 pm swimming	F																																																								
Saturday	7.45 - 8.45 am swimming	S																																																								
Sunday	3 - 4 pm swimming	S																																																								

Fearnville Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	2.00.300 Gym 9 - 10am swim	M																																																								
Tuesday	2.00.300 Gym 8.30 - 9.30 Swimm	T																																																								
Wednesday	2.00.300 Gym 8.30 - 9.30 Swimm	W																																																								
Thursday	2.00.300 Gym 3.00 - 3.55 Swimm	TH																																			3.55																						
Friday	2.00.300 Gym 3.00 - 3.55 Swimm	F																																			3.55																						
Saturday	4.15 - 5.15 Gym 2 - 3 Swim	S																																																								
Sunday	3 - 4 Swim - 5 - 6pm gym	S																																																								

Garforth Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	2 - 3 pm gym	M																																																								
Tuesday	4.30 - 5.30 pm gym	T																																																								
Wednesday	2 - 3 pm gym	W																																																								
Thursday	4.30 - 5.30 pm gym	TH																																																								
Friday	2 - 3pm gym	F																																																								
Saturday	11 - 12 pm gym	S																																																								
Sunday	12 - 1 pm gym	S																																																								

JCCS

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	2 - 3 pm swimming 10.30 - 11.30 pm gym	M																																																								
Tuesday	2 - 3 pm swimming 10.30 - 11.30pm gym	T																																																								
Wednesday	2 - 3 pm swimming10.30 - 11.30 pm gym	W																																																								
Thursday	2 - 3 pm swimming 10.30 - 11.30pm gym	TH																																																								
Friday	2 - 3 pm swimming 10.30 - 11.30 pm gym	F																																																								
Saturday	1.30 - 2.30 pm gym 2.30 - 3.30 pm swimm	S																																																								
Sunday	2 - 3 pm gym 3 - 4 pm swimming	S																																																								

John Smeaton Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	2.30 - 3.30 pm swim	M																																																								
Tuesday	2.30 - 3.30 Gym	T																																																								
Wednesday	2.30 - 3.30 swim	W																																																								
Thursday	2.30 - 3.30 Swim	TH																																																								
Friday	2.30 - 3.30 pm gym	F																																																								
Saturday	1 - 2 pm swimming	S																																																								
Sunday	2.30-3.30 gym	S																																																								

Kippax Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	2.20 - 3.20 pm swimming	M																																																								
Tuesday	8.15 - 9.15 pm swimming	T																																																								
Wednesday	8.30 - 9.30 pm swimming	W																																																								
Thursday	12.15 - 1.15 pm swimming	TH																																																								
Friday	6 - 7pm swimming	F																																																								
Saturday	12 - 1 pm swimming	S																																																								
Sunday	12.45 - 1.45 swimming	S																																																								

Kirkstall Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	8.30 - 9.30 am swimming	M																																																								
Tuesday	8.30 - 9.30 am swimming	T																																																								
Wednesday	8.30 - 9.30 am swimming	W																																																								
Thursday	8.30 - 9.30 am swimming	TH																																																								
Friday	8.30 - 9.30 am swimming	F																																																								
Saturday	1.15 - 2.15 pm swimming	S																																																								
Sunday	4 - 5 pm swimming	S																																																								

Morley Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	2.30 - 3.30 - swim	M																																																								
Tuesday	2.30 - 3.30 - gym	T																																																								
Wednesday	2.30 - 3.30 - swim	W																																																								
Thursday	2.30 - 3.30 - swim	TH																																																								
Friday	2.30 - 3.30 - gym	F																																																								
Saturday	2.30 - 3.30 - gym	S																																																								
Sunday	4 - 5 swim	S																																																								

Pudsey Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	2 - 3pm gym	M																																																								
Tuesday	11 am - 12 pm swimming	T																																																								
Wednesday	2 - 3 pm gym	W																																																								
Thursday	12 - 1pm swimming	TH																																																								
Friday	2 - 3 pm gym	F																																																								
Saturday	2 - 3 pm swimming	S																																																								
Sunday	2 - 3 pm gym	S																																																								

Rothwell Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	1 - 2 pm swimming	M																																																								
Tuesday	1 - 2 pm gym	T																																																								
Wednesday	12.30 - 1.30 pm swimming	W																																																								
Thursday	1 - 2 pm gym	TH																																																								
Friday	12.30 - 1.30 pm swimming	F																																																								
Saturday	1 - 2 pm gym	S																																																								
Sunday	1.15 - 2.15 pm swimming	S																																																								

Scott Hall Leisure Centre

		07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00
Monday	2.30 - 3.30 pm swimming	M																																																								
Tuesday	2.30 - 3.30 pm gym	T																																																								
Wednesday	2.35 - 3.30 pm swimming	W																																																								
Thursday	2.30 - 3.30 pm gym	TH																																																								
Friday	2.15 - 3.30 pm swimming	F																																																								

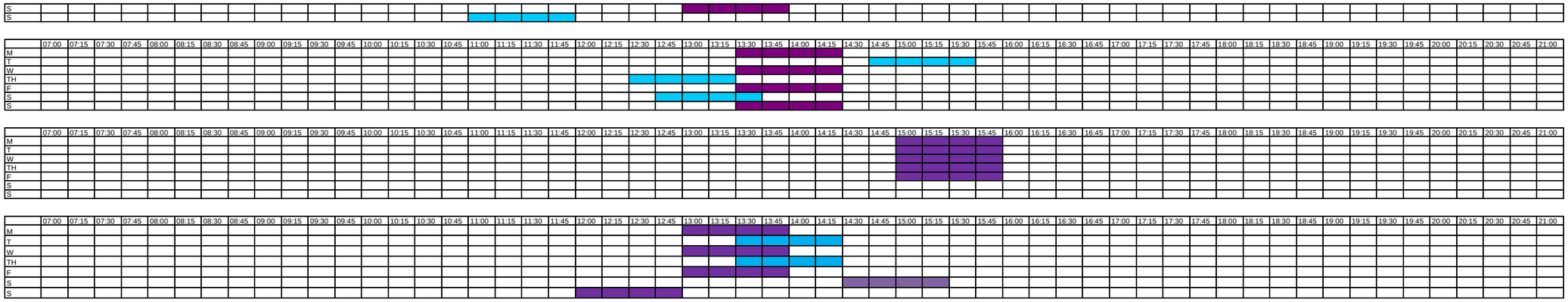
Saturday	1 - 2 pm gym
Sunday	11 - 11.55 am swimming

Wetherby Leisure Centre

Monday	1.30 - 2.30 pm gym
Tuesday	2.45 - 3.45 pm swimming
Wednesday	1.30 - 2.30 pm gym
Thursday	12.30 - 1.30 pm swimming
Friday	1.30 - 2.30 pm gym
Saturday	12.45 - 1.45 pm swimming
Sunday	1.30 - 2.30 pm gym

Bramley Lesiure centre

Monday	300-4.00 Gym
Tuesday	300-4.00 Gym
Wednesday	300-4.00 Gym
Thursday	300-4.00 Gym
Friday	300-4.00 Gym
Saturday	
Sunday	

HoltPark Lesiure centre

Monday	1pm – 2pm	Gym
Tuesday	1.30pm – 2.30pm	Swim
Wednesday	1pm – 2pm	Gym
Thursday	1.30pm – 2.30pm	Swim
Friday	1pm – 2pm	Gym
Saturday	2.30pm – 3.30pm	Swim
Sunday	12n – 1.00pm	Gym